



Andrew N. Dow, DMD, MSD
**Eugene Periodontics
& Implant Dentistry**

ORAL SEDATION (Halicon, Valium, Ativan) PRE-TREATMENT INSTRUCTIONS

PLEASE READ CAREFULLY & CALL OUR OFFICE WITH ANY QUESTIONS PRIOR TO SURGERY

Prior to appointment: Consent forms and payment arrangements to be completed prior to the scheduled date.

Escort: You must be driven to the sedation appointment accompanied by a responsible adult. **This escort must be able to remain in the office waiting area for the duration of your appointment, drive you home, and remain with you while you recover.** Buses and cabs or other forms of public transportation are not acceptable. Do not drive or operate machinery once the tablet(s) have been ingested.

Medications: Take all of your regular medications as prescribed unless otherwise agreed upon by this office and/or by your medical doctor. A light breakfast is OK prior to the dental appointment

Health Concerns: Please notify the clinic if you have a change in health; especially the development of a cold or fever. For your safety, you may be rescheduled for another day. Please inform this office of any change in your health prior to your appointment.

Clothing: Please wear **warm** casual, loose-fitting, short-sleeved two-piece outfits that will allow us to easily apply monitor applications. Contact lenses must be removed before appointment. Please do not wear fingernail polish, or any jewelry the day of the appointment.

Some common side effects of conscious sedation may last for a few hours after the procedure, including:

- Drowsiness
- Feelings of heaviness or sluggishness
- Loss of memory of what happened during the procedure (amnesia)
- Slow reflexes
- Low blood pressure
- Headache
- Feeling sick



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Relax: Your escort will drive you home and observe recovery for at least 4 hours. Don't perform any hazardous activities. Do not drive or operate heavy machinery for 24 hours. Do not make important decisions for at least 24 hours after the administration of medications, and longer if you are taking pain medications after surgery.

Eating: Do not eat a heavy meal immediately after IV sedation. If you're hungry, have only a light meal. If you experience nausea, lie down for a while. If the symptoms are intense, or continue to get worse throughout the day please contact **our office at (541) 654-5482 for further instructions.**

Medications: Take any medication prescribed by the dentist. Do not take any other medications for the rest of the day unless they have been discussed and approved by Dr. Dow and/or your medical doctor.

Health concerns: If you have any unusual symptoms or feel discomfort, call the office at 541-654-5482.