



Andrew N. Dow, DMD, MSD  
**Eugene Periodontics  
& Implant Dentistry**

## **IV SEDATION PRE-TREATMENT INSTRUCTIONS**

**\*PLEASE READ CAREFULLY & CALL OUR OFFICE WITH ANY QUESTIONS  
PRIOR TO SURGERY\***

**Escort:** You must come to the sedation appointment accompanied by a responsible adult. **This escort must be able to remain in the office waiting area for the duration of your appointment, drive you home, and remain with you while you recover.** Buses and cabs or other forms of public transportation are not acceptable.

**Fasting:** Do not eat or drink anything including water after midnight the day before your scheduled appointment. For patients with afternoon treatment, you may have a light breakfast six (6) hours prior to treatment (i.e: toast, breakfast bars) Do not consume dairy products (i.e: eggs, milk, cheese). No solid foods or liquids after that time.

**Medications:** Take all of your regular medications as prescribed unless otherwise agreed upon by this office and/or by your Medical Doctor. Medications may be taken with a sip of water only.

**Clothing:** Please wear **warm** casual, loose-fitting, short-sleeved two-piece outfits that will allow us to easily apply monitor application and place IV. Contact lenses must be removed before appointment. Please do not wear fingernail polish, or any jewelry the day of the appointment.

**Health Concerns:** Please notify the clinic if you have a change in health; especially the development of a cold or fever. For your safety, you may be rescheduled for another day. Please inform this office of any change in your health prior to your appointment.

Unless there is a health concern, all changes or cancellations to your appointment required at least a 48 hour notice. If you have any questions prior to your appointment please call our front desk at **(541) 654-5482**.



Andrew N. Dow, DMD, MSD  
**Eugene Periodontics  
& Implant Dentistry**

## **IV SEDATION POST-TREATMENT INSTRUCTIONS**

**\*PLEASE READ CAREFULLY & CALL OUR OFFICE WITH ANY QUESTIONS  
PRIOR TO SURGERY\***

**Escort:** Have a companion to drive you home after the IV sedation appointment. Go home and rest the remainder of the day. You also need an adult to stay with you for the next 24 hours until the effects of the IV sedation have worn off.

**Relax:** Don't perform any hazardous activities. Do not drive or operate heavy machinery for 24 hours. Do not make important decisions for at least 24 hours after the administration of medications, and longer if you are taking the pain medications after the surgery.

**Eating:** Do not eat a heavy meal immediately after IV sedation. If you're hungry, have only a light meal. If you experience nausea, lie down for a while. If the symptoms are intense, or continue to get worse throughout the day please contact **our office at (541) 654-5482 for further instructions.**

**Drinking:** Do NOT smoke or drink alcohol following the administration of the IV conscious sedation for at least 24 hours.

**Medications:** Take any medication prescribed by the dentist. Do not take any other medications for the rest of the day unless they have been discussed and approved by Dr. Dow and/or your Medical Doctor.

**Health concerns:** If you have any unusual symptoms or feel discomfort, call the office at 541-654-5482.